Adler Pool Season begins Memorial Day Weekend Saturday, May 24 - Monday May 26 Noon-6:00 pm

ADLER PARK POOL 847-816-7946

1500 N. Milwaukee Avenue

Daily Admissions:	R	NR
Individual	\$8	\$12
Infant (under 2 yrs)	\$1	\$2
Senior (60 and up)	\$4	\$6
Passholder Guest	\$8	\$8

"Opening Weekend" May 24-26

Open to the Public

May 24 - September 1 (Labor Day) *Weekends Only starting Aug 23

Regular Hours

May 27-August 15 Noon-9:00 pm, Monday-Friday 11:00 am-8:00 pm, Saturday and Sunday Main Pool Mon-Fri only until June 9

Holiday Hours

Memorial Day-Monday, May 26, Noon-6:00 pm Independence Day-Friday, July 4, Noon-6:00 pm Labor Day-Monday, September 1, Noon-6:00 pm

Early Entry-Season Pass Holders Only

11:30 am, Monday-Friday, June 9-August 15

RIVERSIDE POOL & 847-362-5733

870 Country Club Drive

Open Daily June 7-August 17

Noon-9:00 pm

Independence Day - Friday, July 4, Noon-6:00 pm

Daily Admissions:	R	NR
Individual	\$5	\$7
Infant (under 2 yrs)	\$1	\$2
Senior (60 and up)	\$2	\$4
Passholder Guest	\$6	\$6



Important Reminders

- Schedules are subject to change due to inclement weather, special events & school calendars.
- Call Swim Info line at 847-247-5433 Option 2 for facility opening and class schedule updates.
- Chaperones are responsible for supervising their children. Lifeguards are on duty to enforce rules and respond to emergencies.
- Children under the age of 7 must be accompanied by a chaperone 16 + years. Children ages 7-10 must be accompanied by a chaperone 14 + years.
- Children must be 48" tall to ride the drop slide. NO EXCEPTIONS.
- All flotation devices must secure/fasten over the shoulders and between the legs and must be approved by the pool Manager.
- Pool closes at 3:30 pm on June 18 & July 16 for our Swim Team meets and will re-open if swim meet finishes by 7:00 pm.

SPECIAL PROMOTIONS

Monday Madness - Adler: June 9-July 31

Mondays...Join us for fun activities between 1:00-3:00 pm at Adler Pool. Penny dives, relay races, splash contests

Noodle Nights: Thursdays at both pools from 6:50 pm until close. Bring your Noodles.

Cans For Tans: Wednesday, June 18 and July 16

Half price entry when you bring an unopened non-perishable food item to either Adler or Riverside Pool. All collected food items will be delivered to the Libertyville Township Food Pantry.

Early Bird Lap Swim - June 9-July 31

6:00-7:00 am, Monday-Thursday only at Adler Pool. Free for Season Pass holders; or \$4 daily fee.

Earn Water Safety Badges

Available at Adler Pool to Scouts, school groups, Clubs, Churches or anyone looking to achieve merit badges or learn water safety. Our staff will teach skills to prevent, recognize and respond to water emergencies. Stay after your safety class for a tour of Adler Pool and then enjoy the day at open swim. Call Gina Brown at 847-367-3035 to schedule your day.

Fee is \$85 for a group up to 15 kids.

SUMMER 200 LARTIES

PRIVATE POOL RENTALS

Please book your party at least 2 weeks prior to your desired date. Payment is due at the time of booking. Some dates and times may not be available due to other programming. Book your party from June 7-August 9.

ADLER POOL up to 100 guests
Fri 9:15-10:45 pm
Sat-Sun 8:15-9:45 pm
Sunday Based on availab

day
Based on availability
Fee:\$375 R/\$425 NR
Food options available too!

 RIVERSIDE
 25-150 guests

 Fri-Sat
 8:15-9:45 pm

 Fee:
 \$180 R/\$240 NR

Group Outings at Adler Pool

Enjoy discounts for groups of 20 or more. One free chaperone for every 10 kids. You must schedule at least 2 weeks prior to your event.

Fee: \$6 R/\$10 NR per person

FAMILY CAMPOUT



@ ADLER PARK & POOL

Saturday - Sunday, July 19 - 20

Check in: 5:30 pm

Check out: 9:00 am next day

- Bring your tent and camp out under the stars at Adler Pool. Enjoy outdoor games and activities, a campfire and a family movie to round out the evening.
- ♦ Campers will need to bring their own camping equipment (tents, sleeping bags, etc). Dinner provided on Saturday night and a light breakfast on Sunday morning.
- ♦ Detailed information will be available upon registration. Parents must stay overnight with children. Raindate will be July 26-27

Code: 35772

Fee: \$40 R/\$50 NR

(up to 6 people in family)

Pool Party Package 1: @ Adler Pool

Cost: \$230 R/\$280 NR

Age: 6+

Time: 90 minutes **Max:** 20 children

Includes: 3 lifeguards, 30 minutes of organized games &

use of the main pool only.

Pool Party Package 2: @ Adler Pool

Cost: \$280 R/\$330 NR

Age: 6+

Time: 90 minutes Max: 20 children

Includes: 5 lifeguards, 30 minutes of organized games,

use of the main pool area and both slide pools.

Pool Party Package 3: @ Riverside Pool

Cost: \$180 R/\$230 NR

Age: 6+

Time: 90 minutes Max: 20 children

Includes: 2 lifeguards, 30 minutes of organized games &

use of the pool.





Pool Pass Order Form

Se	ason Pass	R	NR
In	dividual	\$100	\$170
Fa	mily		
•	2 person	\$140	\$230
•	3 person	\$180	\$280
•	4 person	\$200	\$320
•	5 person	\$240	\$380
Se	enior (60 yrs +)	\$60	\$85
Na	ınny	\$75	\$100
10 Visit Pass		NA	\$100
20	Visit Pass	NA	\$180

<u>Bonus Time:</u> Pool Pass Holders can enter the pool 1/2 hour early from Jun 9-Aug 15 on Mon-Fri.

- Two adults max per Family Pass. Pass sharing is not allowed.
- Pool Season Passes are individual picture passes. Purchase passes and take photo ID starting March 12.
- You must have proof of residency on file to receive resident rate.
- No refunds will be given once the season begins on May 24.
- If weather is questionable, call the Swim Info line at 847-247-5433 option 2.

Purchase Pool Passes at the following locations:

Administrative Office:

625 West Winchester Road 847-918-7275 Mon-Fri 8:00 am-5:00 pm

Fitness Desk at the Libertyville Sports Complex

1950 N. Highway 45 847-367-1504 Daily 8:00 am-6:00 pm

Adler Pool starting May 24 Mon-Sun Noon-8:00 pm

1500 N. Milwaukee Avenue 847-816-7946 Mon-Sun Noon-8:00 pm

Please read this form carefully and be aware that in signing up and participating in this program you will be waiving and releasing all claims arising out of this program. In consideration of the Village and the Libertyville Recreation & Sports Complex Department (LRSCD) sponsoring and providing the programs listed and accepting me as a participant in the above program, I agree as follows: **Acknowledgement/Assumption of Risk of Injury:** I have fully informed myself of all the details of the program(s) and have received satisfactory answers to all questions I have concerning the programs and the risks inherent in the programs. I recognize and acknowledge that they may involve risks of bodily injury and death. I agree to and assume the full risk of any injuries, including death, and of all costs, damages, and losses that I may sustain as a result of participating in any and all activities connected with or associated with such program.

WAIVER AND RELEASE OF CLAIMS FOR INJURY: I hereby agree to, and do waive, release and relinquish all claims of every kind, known and unknown, present and future, that I may have against the Village of Libertyville, the LRSCD, and their officers, agents, servants and employees, arising out of, connected with, or in any way related to, the program or my participation therein.

INDEMNITY AND DEFENSE: I hereby further agree to indemnify and hold harmless and defend the Village of Libertyville, the LRSCD and their officers, agents, servants and employees from any and all claims of every kind, known and unknown, present and future, that I may have arising out of, connected with, or in any way related to the program or my participation therein. My signature on this form indicates that I have read and understand the above Waiver and execute it of my own free will and without any reservation.

F-mail address

I agree to the	Te				
		Zip Are you a Village of Libertyville Resident? YES NO			
PLEASE IN	DICATE ON FORM IF YOU NEED NEW	PICTURE PASSES. YOU WILL NE	EED TO COME IN FOR PIC	CTURES TO BE	TAKEN.
PASS TYPE (circle) Individual Senior Family	LAST NAME	FIRST NAME	BIRTHDATE	FEE	New Pass ? Yes or No
Make check payable to Village of Libertyville					
Cardholder Name Charge Amount \$					
	Authorized Signature Expiration Date/_				

Last Name

Swim Lessons at Adler Pool

LESSON POLICY

- Each session is for 2 weeks and lessons meet Mon-Thu for a total of 8 classes per session.
- Swim Lesson Coordinator reserves the right to move a swimmer to their appropriate swim level.
- To keep you updated, a parent letter will be available at the Parent Information Station.
- Family members of the swim students <u>may not</u> use the pool facility during lessons.
- Each person must exit the facility after swim lessons and re-enter for open swim.
- There are no 5:05 pm, 5:15 pm or 5:55 pm classes on Jun 18 & Jul 16. Make-up classes will be Jun 20 & Jul 18.

CLASS CANCELLATION POLICY AND PHONE UPDATE LINE:

Classes will be cancelled for lightning or tornado warnings. If weather is questionable, call the Swim Lesson Info line at 847-247-5433 press option 2. Decisions will be made 30 minutes prior to class. Please do not call the pool. All cancelled classes will be made up on the Friday of that same week.

PLEASE NOTE: Plan carefully, as there is a high demand for swim lessons. If you miss a scheduled or make-up class, you will not receive a refund and cannot make the class up at another time. We do not prorate or make up classes due to personal vacation schedules.



Class designed to teach the very young to respect and enjoy the water. If your child has had little or no water experience then these classes are for you. The instructor assists the adult in teaching these skills to the child. Class is 30 minutes. One adult per child please.

LITTLE SWIMMERS LESSONS (3-5 years)

Children will be taught through game playing on how to become more independent in the water and basic swimming techniques. This 45 min class is an introduction to prepare the swimmers for a Level 1 class.

SWIM LESSONS - (see page 9 for dates & times)

Level 1: Learning to float unassisted on front and back; water exploration; retrieving objects under water.

Level 2: Streamline floating front and back; front crawl and back crawl 15 yards unassisted.

Level 3: Front crawl with breathing to the side, back crawl; elementary backstroke kick; dolphin kick; treading water.

<u>Level 4</u>: Front crawl and backstroke 25 yards; elementary backstroke, sidestroke kick; introduction to butterfly and breaststroke

<u>Level 5</u>: This refinement and endurance class will focus on the following strokes; breaststroke, sidestroke & butterfly. (May be combined with a Level 6 depending on the class size.)

<u>Level 6</u>: This refinement and endurance class will focus on the following strokes; breaststroke, sidestroke & butterfly. (May be combined with a Level 5 depending on the class size.)

Diving: Must be able to swim at level 3 or higher to participate. You will learn proper diving techniques for common dives.









LEVEL\$ 1-6

THE FOLLOWING QUESTIONS WILL HELP YOU DETERMINE WHICH LEVEL TO REGISTER YOUR CHILD FOR SWIM LESSONS.

We reserve the right to move your child to the correct level based on their water skills.

If you answer NO/Unsure to ANY of these questions register for <u>LEVEL 1</u>.

Can your child enter the water unassisted? Can your child move 5 yards unassisted? Can your child bob 5 times to chin level? Can your child float on FRONT for 3 seconds assisted?

Can your child roll to their back & float unassisted for 3 seconds?

If you answer NO/Unsure to ANY of these questions register for <u>LEVEL 2</u>.

Can your child step into chest-deep water? Can your child float unassisted for 5 seconds front & back?

Can your child push off the wall and swim 15 feet, using arms and legs, front and back?

If you answer NO/Unsure to ANY of these questions register for <u>LEVEL 3.</u>

Can your child jump into chest-deep water?
Can your child swim 15 yds on front with their face in the water?

Can your child float or tread for 30 seconds? Can your child swim on their back 15 yards?

If you answer NO/Unsure to ANY of these questions register for <u>LEVEL 4</u>.

Can your child swim 25 yards on front face in, rhythmic breathing?

Can your child float/scull for 1 minute, deep water on their back?

Can your child swim elementary backstroke, breaststroke and back-crawl for 15 yards? Can your child tread for 1 minute?

If you answer NO/Unsure to ANY of these questions register for <u>LEVEL 5</u>.

Can your child swim 50 yards front crawl? Can your child float/tread for 2 minutes? Can your child swim elementary backstroke 25 yards? Can your child swim breaststroke for 25 yards? Can your child swim backstroke 50 yards?

If you answered YES to ALL of these questions register for $\underline{\text{LEVEL 6.}}$

PRIVATE SWIMMING & DIVING LESSONS

- All private lessons are 30 minutes. Children must be 3+ yrs.
- If weather is questionable call the Swim Info line at 847-247-5433 press option 2.
- Some private lessons take place during open swim.
- If these dates and times don't work call 847-816-7946 to arrange special times.
- Fee: \$32 R/\$47 NR

MONDAY	10:30 am	11:00 am	7:00 pm
Jun 9	35468	35476	35484
Jun 16	35469	35477	35485
Jun 23	35470	35478	35486
Jun 30	35471	35479	35487
Jul 7	35472	35480	35488
Jul 14	35473	35481	35489
Jul 21	35474	35482	35490
Jul 28	35475	35483	35491
TUESDAY	10:30 am	11:00 am	7:00 pm
Jun 10	35492	35500	35508
Jun 17	35493	35501	35509
Jun 24	35494	35502	35510
Jul 1	35495	35503	35511
Jul 8	35496	35504	35512
Jul 15	35497	35505	35513
Jul 22	35498	35506	35514
Jul 29	35499	35507	35515
WEDNESDAY	10:30 am	11:00 am	7:00 pm
Jun 11	35516	35524	35532
Jun 18	35517	35525	35533
Jun 25	35518	35526	35534
Jul 2	35519	35527	35535
Jul 9	35520	35528	35536
Jul 16	35521	35529	35608
Jul 23	35522	35530	35609
Jul 30	35523	35531	35610
THURSDAY	10:30 am	11:00 am	7:00 pm
Jun 12	35537	35545	35553
Jun 19	35538	35546	35554
Jun 26	35539	35547	35555
Jul 3	35540	35548	35556
Jul 10	35541	35549	35557
Jul 17	35542	35550	35558
Jul 24	35543	35551	35559
Jul 31	35544	35552	35560
SATURDAY	10:00 am	10:30 am	11:00 am
Jun 14	35562	35570	35578
Jun 21	35563	35571	35579
Jun 28	35564	35572	35580
Jul 5	35565	35573	35581
Jul 12	35566	35574	35582
Jul 19	35567	35575	35611
Jul 26	35568	35576	35612
Aug 2	35569	35577	35613
SUNDAY	10:00 am	10:30 am	11:00 am
Jun 15	35583	35591	35599
Jun 22			
	35584	35592 35502	35600 35601
Jun 29	35585	35593 35504	35601
Jul 6	35586 35587	35594 35505	35602
Jul 13	35587	35595 35506	35603
Jul 20	35588	35596 35507	35604
Jul 27 Aug 3	35589	35597	35605
ALIAL 2	35590	35598	35606

Swim Lessons	@ Adler Pool	Session 1 Jun 9-Jun 19 Mon-Thu	Session 2 Jun 23-Jul 3 Mon-Thu	Session 3 Jul 7-Jul 17 Mon-Thu	Session 4 Jul 21-Jul 31 Mon-Thu
Parent-Child 6 mon-4 yrs	9:00-9:30 am 9:45-10:15 am 5:15-5:45 pm Fee:	34897 34901 34905 \$62 R/\$77 NR	34898 34902 34906 \$62 R/\$77 NR	34899 34903 34907 \$62 R/\$77 NR	34900 34904 34908 \$ \$62 R/\$77 NR
Little \$wimmers 3-5 yrs	8:00-8:45 am 8:50-9:35 am 9:40-10:25 am 5:05-5:50 pm 5:55-6:40 pm	34909 34913 34917 34921 34925 \$72 R/\$87 NR	34910 34914 34918 34922 34926 \$72 R/\$87 NR	34911 34915 34919 34923 34927 \$72 R/\$87 NR	34912 34916 34920 34924 34928
Level 1 5 yrs +	8:00-8:45 am 8:50-9:35 am 9:40-10:25 am 5:05-5:50 pm 5:55-6:40 pm Fee:	34929 34933 34937 34941 34945 \$72 R/\$87 NR	34930 34934 34938 34942 34946 \$72 R/\$87 NR	34931 34935 34939 34943 34947 \$72 R/\$87 NR	34932 34936 34940 34944 34948
Level 2 7 yrs +	8:00-8:45 am 8:50-9:35 am 9:40-10:25 am 5:05-5:50 pm 5:55-6:40 pm Fee:	34949 34953 34957 34961 34965 \$72 R/\$87 NR	34950 34954 34958 34962 34966 \$72 R/\$87 NR	34951 34955 34959 34963 34967 \$72 R/\$87 NR	34952 34956 34960 34964 34968 \$72 R/\$87 NR
Level 3 7 yrs +	8:00-8:45 am 8:50-9:35 am 9:40-10:25 am 5:05-5:50 pm 5:55-6:40 pm Fee:	34969 34973 34977 34981 34985 \$72 R/\$87 NR	34970 34974 34978 34982 34986 \$72 R/\$87 NR	34971 34975 34979 34983 34987 \$72 R/\$87 NR	34972 34976 34980 34984 34988
Level 4 7 yrs +	8:00-8:45 am 8:50-9:35 am 9:40-10:25 am 5:05-5:50 pm 5:55-6:40 pm Fee:	34989 34993 34997 35001 35005 \$72 R/\$87 NR	34990 34994 34998 35002 35006 \$72 R/\$87 NR	34991 34995 34999 35003 35007 \$72 R/\$87 NR	34992 34996 35000 35004 35008
Level 5 / 6 7 yrs +	8:00-8:45 am 8:50-9:35 am 9:40-10:25 am 5:05-5:50 pm 5:55-6:40 pm Fee:	35009 35013 35017 35021 35025 \$72 R/\$87 NR	35010 35014 35018 35022 35026 \$72 R/\$87 NR	35011 35015 38019 35023 35027 \$72 R/\$87 NR	35012 35016 35020 35024 35028
Diving 8 yrs +	8:50-9:35 am 9:40-10:25 am 5:05-5:50 pm 5:55-6:40 pm Fee:	35029 35033 35037 35041 \$72 R/\$87 NR	35030 35034 35038 35042 \$72 R/\$87 NR	35031 35035 35039 35043 \$72 R/\$87 NR	35032 35036 35040 35044

REGISTRATION CUT-OFF IS AT 5:00 PM THE THURSDAY BEFORE EACH NEW SESSION.

Due to our Dolphins Swim Meets:

There are no 5:05 pm, 5:15 pm or 5:55 pm classes on Wednesday, June 18 and July 16.

Make-up classes will be Friday, June 20 & July 18.



GUARD START: LIFEGUARDING TOMORROW

Develop swimming skills and general physical fitness for lifeguarding responsibilities. Learn how to prevent drowning and diving accidents, reaching & throwing assists, self-rescue, providing care for injuries, leadership skills. This is a preparatory course and not a certification class.

REQUIREMENTS:

- Swim the front crawl for 25 yards continuously while breathing to the front or side.
- Tread water for 1 minute using arms & legs.
- Submerge and swim a distance of 10 ft under water.

Age: 12-14

Days: Monday-Thursday

 Location:
 Adler Pool

 Time:
 8:00-9:30 am

 Fee:
 \$88 R/\$103 NR

35614 July 7-July 17 (8 classes) **35615** July 21-July 31 (8 classes)

LIFEGUARD TRAINING

Become an American Red Cross Lifeguard. Lifeguarding enables you to help people safely enjoy the water. You will learn:

- Surveillance skills to help you recognize and prevent injuries.
- Rescue skills.
- Aquatic-specific first aid training and CPR /AED to help you prepare for any emergency.
- General Lifeguard responsibilities.

REQUIREMENTS:

- 300 yard swim (front crawl & backstroke)
- 20 yd swim & brick retrieval from 7-10 ft (timed)
- Must attend each class and pass all written and water skills to be certified.

Age: 15+

Days: Monday-Thursday

 Location:
 Adler Pool

 Time:
 8:00-11:15 am

 Fee:
 \$165 R/\$190 NR

35616 June 9-June 19 (8 classes) **35617** June 23-July 3 (8 classes)



DEEP WATER AQUA CHALLENGE

Are you ready for a challenge, but like to have fun! Wearing buoyant belts, use the deep water to strengthen and tone your muscles. Obtain a full cardio workout without stressing your joints.

Time: 7:00-8:00 am

Days: Monday-Thursday

Location: Adler Pool-Diving Well

 35619
 June 9-19
 \$67 R/\$77 NR

 35620
 June 23-July 3
 \$67 R/\$77 NR

 35621
 July 7-17
 \$67 R/\$77 NR

 35622
 July 21-31
 \$67 R/\$77 NR

 35623
 August 4-14
 \$67 R/\$77 NR

AQUA FIT @ ADLER POOL NEW OFFERING

Ready for a high energy water workout? This shallow water aerobics class is designed to use water resistance to increase your heart rate while conditioning your muscles with very little impact on your joints. Great for parents with kids in the 8am swim lesson class.

Time: 8:00-9:00 am

Days: Monday-Thursday

 35647
 June 9-19
 \$67 R/\$77 NR

 35648
 June 23-July 3
 \$67 R/\$77 NR

 35649
 July 7-17
 \$67 R/\$77 NR

 35650
 July 21-31
 \$67 R/\$77 NR

 35651
 August 4-14
 \$67 R/\$77 NR

AQUA FIT @ RIVERSIDE POOL

This continuous water aerobics class is designed to use the resistance of the water to increase your heartrate as well as tone and strengthen all major muscle groups. This class is composed of a warm up series, high intensity series, flexibilty series, as well as a cool down. Advanced swimming skills are not required.

Time: 9:00-10:00 am

Days: Monday-Thursday

 35632
 June 9-19
 \$62 RS/\$67 R/\$77 NR

 35633
 June 23-July 3
 \$62 RS/\$67 R/\$77 NR

 35634
 July 7-17
 \$62 RS/\$67 R/\$77 NR

 35635
 July 21-31
 \$62 RS/\$67 R/\$77 NR

 35636
 August 4-14
 \$62 RS/\$67 R/\$77 NR

KIDS GOLF AND SWIM DAY

Meet your friends at the Libertyville Golf Course for a fun round of golf and then enjoy a cool dip in the Riverside Pool. Fee includes golf, swimming, refreshments and prizes. We will golf from 3:00-5:00 pm and swim from 5:00-6:30 pm.

Ages: 9-14

 Date:
 Monday, July 21

 Time:
 3:00-6:30 pm

 Fee:
 \$30 R/\$40 NR

Location: Riverside Pool & The Libertyville Golf Course

Code: 35652

The Recreation & Sports Complex Department follows the

American Red Cross Lifeguard & Guard Start Program



Adler Pool Swim Team - Over a Decade of Dolphins!







CALLING ALL DOLPHINS!

Our Adler Pool Libertyville Dolphins swim team is a member of the Northern Illinois Swim Conference. We are a recreational team all about having fun and creating interest in competitive swimming. The coaches will try to make sure that everyone swims at least one event in each meet.

Some meets will run over 3 hours. Meet entries are dependant on the number of kids in each age group. Coaches decision on which swimmers for each event. For more information call Gina at 847-367-3035.

DOLPHINS SWIM MEET SCHEDULE

June 18 @ Adler Pool vs. Vernon Hills June 25 @ Rolling Meadows July 2 @ Lake Bluff July 9 @ Round Lake July 16 @ Adler Pool vs. Zion July 23 Divisional Championship @ Zion

Adler Pool will close at 3:30 pm on Wednesday, June 18 and July 16 and will re-open if the meet finishes by 7:00 pm.

Requirements:

Must be at least a Level 3 swimmer and swim one length of the pool (25 yards) doing the front crawl and have knowledge of the four competitive strokes: breaststroke, backstroke, front crawl and butterfly.

Team Uniforms:

Team uniforms can be purchased at Sports 11 at 838 S. Milwaukee Ave. 847-680-1511. A complimentary team shirt will be provided for each swimmer. Please note shirt size when registering.

Fee: \$260 R/\$275 NR for the first child

10% off for any additional children in family

Practice: June 9-July 31

Mon-Thu 7:00-8:00 am or 8:00-9:00 am

Important Dates:

May 27-29 Try-outs/lane placement 6:00-7:00 pm (Attend one day.)
Jun 3 Parent Meeting 5 pm or 7 pm @ Libertyville Sports Complex

June 18 Team Picture Day

July 30 End of the season team party with coaches at 6:30 pm

AGE GROUPS PRACTICE TIME	Boys 7:00 am	Boys 8:00 AM	GIRLS 7:00 AM	GIRLS 8:00 AM
8 AND UNDER	35655	35656	35666	35667
9-10	35657	35658	35668	35669
11-12	35659	35660	35670	35671
13-14 *	35661	35662	35672	35673
15-18 *	35663	35664	35674	35675

^{*} This is a great feeder program making an easier transition to High School swim teams.

\$WIMMING \$TROKE CLINIC\$

These clinics are available **only** for Dolphin swimmers who wish to hone their skills. Swimmers will work on skills in a smaller class setting and receive instruction from our coaches.

Save 10% sign up for all three.

Fee: \$15 R/\$20 NR

for each clinic

Date: Saturday, June 7

Freestyle & Breaststroke 35676 9:00-9:45 am **Backstroke & Butterfly 35677** 10:00-10:45 am

Starts, Turns & Finishes

35678 11:00-11:45 am

ALL DOLPHIN SWIMMERS qualify for a 10% discount Learn-To-Swim classes see page 9

















Third Annual

KIDS' TRIATHLON



Date: Time: Where: Fee: 35364

use registration code

Saturday, May 24 9:00 am sharp! Adler Park \$40 R/\$50 NR PRIZES & AWARDS

Junior Division (ages 7-10)

50 yard swim

2.0 mile bike

0.5 mile run



35365 use registration code Senior Division (ages 11-14) 100 yard swim 4.0 mile bike

1.0 mile run



Youth athletes will swim, bike and run to compete for the fastest combined time. Contestants will swim Adler Pool followed by biking, then running on roads and paths through Adler Park. Come cheer on these young competitors.

10% discount for multiple siblings.

Advanced Registration Required



www.libertyville.com/recreation 847-918-7272



